| **Organisation** | **Main curriculum areas** | **Priority groups targeted** | **Location** | **Contact details** |
| --- | --- | --- | --- | --- |
| Bfluent School of English | ESOL and Functional Skills | Unemployed, black, minority ethnic and migrant communities | 132 St Mary Street, Southampton, SO14 1NX | Tel: 02380 678500  <http://www.bfluent.co.uk/> |
| City College Southampton | Family ESOL and Family ESOL with Maths | Parents and those without level 2 qualifications | St Mary Street, Southampton, SO14 1AR  (courses across the city) | 023 8048 4848  [www.southampton-city.ac.uk](http://www.southampton-city.ac.uk)  [enquiries@southampton-city.ac.uk](mailto:enquiries@southampton-city.ac.uk) |
| CLEAR (City Life Church) | ESOL and employment support | Unemployed, black, minority ethnic and migrant communities | James Street Centre  Southampton SO14 1PJ | [023 8022 1111](tel:023%208022%201111)  [www.clearproject.org.uk](http://www.clearproject.org.uk) |
| Co-operative Assistance Network | Employability (in social enterprise) entrepreneurship (by social enterprise) | Unemployed or under-employed | 106 St. Andrews Road  Southampton SO14 0AE | 07771 540163  [www.can.coop](http://www.can.coop)  [chris@assist.coop](mailto:chris@assist.coop) |
| Itchen College | Introduction to working in schools/adult social care, digital skills, ESOL household finance, wellbeing, ESOL | Unemployed, single parents, local community | Middle Road, Bitterne, Southampton SO19 7TB | 023 8044 6156  [acet@itchen.ac.uk](mailto:acet@itchen.ac.uk) |
| Mayflower Theatre | Improving Health and Wellbeing through arts-based learning | Universal access; some courses targeted at learners with learning difficulties/health issues | Mayflower Theatre, Commercial Road Southampton SO15 1GE. | 02380 711810  [engage@mayflower.org.uk](mailto:engage@mayflower.org.uk)  [http://mayflower.org.uk/get-involved/](https://urldefense.proofpoint.com/v2/url?u=http-3A__mayflower.org.uk_get-2Dinvolved_&d=DwMFAw&c=pbUzoxRZCRvayVvkYvkiMADZfiEVjR_P9wc-irKGhek&r=bJa7HrGYNBa1Dni6Iv7s_mulTndd9UQBFxIS989ME3rLXPAotWBRoEPLmrZzCaNs&m=xRhZy-y9VW1GN1apfAYSsGzKdteFvtTnk8yTXFo2170&s=k9VYpkGo0sgy-3DyUsne-N2cAoVgrip2QbjyJjM_le4&e=) |
| Mencap | Life After Caring – reducing social isolation and building confidence when the caring role ends. | Carers who have been bereaved. | Mencap Centre, 187a Portswood Road Southampton SO17 2NF | [l.lawless@carersinsouthampton.co.uk](mailto:l.lawless@carersinsouthampton.co.uk)  Phone 023 8058 2387 |
| No Limits | Life skills and employability | Low skilled, unemployed and those with learning difficulties or disabilities, particularly young adults | Advice Centre, 13 High Street Southampton SO14 2DF | Phone: 02380 224 224  [enquiries@nolimitshelp.org.uk](mailto:enquiries@nolimitshelp.org.uk) |
| SoCo Music Project | Improving Health and Wellbeing through creative engagement | Adults in recovery from addiction, those with mental health issues and older people in care homes. | The Pavilion, Holands Park,  Southampton, SO14 1NH  Hightown Studios, Hightown Community Centre Tunstall Rd, Southampton SO19 6AA | [www.socomusicproject.org.uk](http://www.socomusicproject.org.uk)  [mark@socomusicproject.org.uk](mailto:mark@socomusicproject.org.uk) |
| Southampton City Council Cultural Services | Arts and Heritage themed cultural learning activities for all ages and abilities | Universal access; some courses targeted at learners with learning difficulties/health issues | Southampton City Art Gallery Civic Centre Southampton SO14 7LP | 023 8083 2810  [www.southampton.gov.uk/libraries-museums/art-gallery/activities-adults.aspx](http://www.southampton.gov.uk/libraries-museums/art-gallery/activities-adults.aspx)  [gallery.education@southampton.gov.uk](mailto:gallery.education@southampton.gov.uk) |
| Southampton City Council – Early Years Help & Prevention | Parenting, personal finance and health | Families with children in priority areas | 60-68 Clovelly Road, Southampton SO14 0AU (courses across the city) | 023 8033 1635  [surestart@southampton.gov.uk](mailto:surestart@southampton.gov.uk) |
| Southampton City Council – Employment Support | Employability, Digital Skills, Life Coaching & Personal Development , | Unemployed, people with a learning disability, those with low or no qualifications | Civic Centre Road Southampton SO14 7LR  (courses across the city) | 023 8091 7585  [Employment.support.team@southampton.gov.uk](mailto:Employment.support.team@southampton.gov.uk)  [Southampton City Council website](http://www.southampton.gov.uk/schools-learning/further-learning/employment-support-team.aspx) |
| TWICS | Community development and support | Volunteers, people with a learning disability, unemployed people | Swaythling Neighbourhood Centre, Hampden Park Way, Southampton SO17 3AT | 023 8067 1111  www.twics.org.uk  [admin@twics.org.uk](mailto:admin@twics.org.uk) |
| We Can Train (part of Pitman Training) | Business Skills, IT, Book-keeping, Accounting, CSCS Card, Food Safety, Warehousing & Storage | Unemployed | 31 Eastgate St, Southampton SO14 3HB | 023 8037 1679  [www.pitman-training.com/our-centres/south-west-england/southampton/](http://www.pitman-training.com/our-centres/south-west-england/southampton/) |
| WEA | ESOL, Maths, English, skills for employment, health and wellbeing, cultural studies and community engagement | Black and minority ethnic communities, women’s groups and those with skills needs from Entry level to Level 2 | Southern Region 60-68 Clovelly Road, Southampton, SO14 0AU | 023 8063 0483  <http://www.wea.org.uk> |